

Brittany Sanson

PTSD/CPSD, Military/First Responders, Mood/Personality Disorders, Behavioral Concerns, Life Transitions, Relationship Matters

Brittany is a Licensed Professional Counselor who holds a Master of Science degree in Professional Counseling from Carlow University. She is a National Certified Counselor, Certified Advanced Alcohol and Drug Counselor, Certified Clinical Trauma Professional and holds a Certificate of Competency in Criminal Justice. Brittany also is an EMDR Certified Therapist through EMDRIA and is an Approved Consultant in Training under Amber Stiles-Bodnar.

Brittany shares those fancy titles and letters that one puts behind their name to look like her colleagues in the professional world and to better market herself to allow those seeking services, specialties, populations that best match and align with her scope of practice to find her. If you really want to know Brittany from her bio and how she operates, words like tenacious, bold, relatable, multifaceted, humble and genuine. Brittany's approach is infused with immense compassion and being straightforward-talking to people like they are people using language that they understand and are comfortable with versus professional language that can create a power shift that influences dynamics for a working relationship.

Brittany specializes in working with adult individuals on a 1:1 basis. Brittany's niche areas of focus include; PTSD/CPSD, mood/personality disorders, behavioral concerns, life transitions, relationship matters, substance use/abuse and other addictions, criminal justice, first responders/military, neglect/abuse and trauma of all kinds.

Brittany is an experienced Clinician, having worked within the field in some capacity for over 13 years. She has worked in a variety of different settings as correctional facilities for both adults and juveniles, residential treatment programs for young children and adolescents as well as residential treatment programs for adults stepping down from psychiatric state hospitals, intensive outpatients programs for addiction(S) and community services in wrap-around, assessments and outpatient.

Rates:

\$60/individual per hour

\$40/group per hour

To schedule email brittanysanson@outlook.com
<https://www.amberstilesbodnarconsulting.com/ambers-cits>